Welcome to Congregation Rodeph Shalom

Who belongs here at Congregation Rodeph Shalom?

- If you are 3 days old, 30 years old, or 103 years old...
- If you have never stepped foot in a synagogue, or if this is your 1000th time here...
- If you are Jewish, or not...
- If you are faithful, doubting, or seeking...
- If you are single, married, with kids or without, divorced, widowed, or partnered...
- If you are black, brown, white, Latinx, Asian, or something else...
- If you are queer, gay, lesbian, bisexual, transgender, questioning, or straight...
- If you have, or had, addictions, or have family members struggling...
- If you live in Center City, the suburbs, or you're just visiting our city...
- If you are a student, looking for a job, or in a successful position...
- If you are fully-abled, disabled, or a person of differing abilities...

You belong here at Rodeph Shalom!

We would like to follow-up with you...

Please contact: Jeff Katz, Executive Director, via email at <u>jkatz@rodephshalom.org</u> or 267-930-7278.

- I'd like to learn more about Rodeph Shalom.
- I'd like to know how to become a member of Rodeph Shalom.
- I'm interested in enrolling my child in Buerger Early Learning Center
- I'm interested in enrolling my child in <u>Berkman Mercaz Limud (religious school)</u>.



Our Clergy, Staff, and Lay Leadership Welcome You!

Jill L. Maderer, Senior Rabbi
Eli C. Freedman, Rabbi
Rita Glassman, Cantor
Alan D. Fuchs, Rabbi Emeritus
William I. Kuhn, Rabbi Emeritus
Henry B. Bernstein, President
Jeffrey W. Katz, Executive Director
Jennifer D. James, Director of Youth Education
Andrea S. Miller, Buerger Early Learning Center Jewish Engagement

Thank you to our greeters: Linda Karp Rudow, Jeffrey Strauss, & Stephanie Strauss

Discover the Rodeph Shalom Vision Statement

♦ Immersed in Jewish time ♦ Guided by enduring values ♦ Compelled to moral action

We create profound connections

Immersed in Jewish time

Sustained by the sacred rhythms of the Jewish year, pivotal moments of the Jewish life cycle, and generations of Jewish history, we are part of something greater than ourselves. Living in Jewish time teaches us how to express meaning in the everyday, to gather as a community, and to walk with each other through the joys and sorrows of our lives.

Guided by enduring values

The timeless wisdom of our tradition inspires our intentional quest for truth, righteousness, and purpose amid the uncertainties we face in our world. We dedicate ourselves to Judaism's ethical messages to treat each other with loving-kindness. The faithful, the skeptic—and those who perceive God in different ways—wrestle to renew the teachings of Torah for our present and for the future of the Jewish people.

Compelled to moral action

In a broken world, we commit to be a voice of conscience and to engage in the work of social justice. From our doorstep to our neighborhood and beyond, we welcome the stranger and embrace our responsibility to connect with and learn from others.

We create profound connections

We seek meaning in shared experiences and cherish our diverse perspectives. We who are new to synagogue life or have extensive Jewish backgrounds; we who are Jewish or who share our lives with Jews; we who live within different family constellations, who are of all abilities, gender identities, sexual orientations, races, and generations: we enter the synagogue to celebrate, to learn, to laugh, to heal, to pray, to challenge ourselves, and to connect with others about the deepest questions of our lives.

RS Community Events

Federalist Papers Study Group - The Filibuster Tuesday, June 29 at 7:00 PM In-Person at RS & Zoom

Join LawyeRS as we host our member, Reid Willis, Esquire, who will discuss the timely topic of the origins and evolution of the filibuster. This session is open to all. Contact <u>Leonard Goldberger</u> at lenny.goldberger@gmail.com for questions.

ReadRS: Here All Along: Finding Meaning, Spirituality, and a Deeper Connection to Life in Judaism (After Finally Choosing to Look There) by Sarah Hurwitz

Wednesday, June 30 at 6:30 PM In-Person at RS & Zoom

Join Jennifer James, Director of Youth Education, for a discussion on this book. Register here or at bit.ly/readrsjune. Contact Elaine Jaskol Crane at elainejaskoll@gmail.com for information.

RS Women: Friends & Food & Jewish Cookbooks Sunday, July 11 at 11:00am on Zoom

Choose a recipe from Jewish Food Society, make the recipe and evaluate it, then join us on Zoom and share good food, recipes, and friendship. Register here or at bit.ly/rscookbookclub. Questions? Contact Julie Williams at jrwilliams8904@gmail.com.

Young Friends *Torah* Study Wednesday, July 14 at 7:30pm In-Person & Zoom

Join Rabbi Eli and the Young Friends for lively discussion and debate. Contact <u>Jill Ivey</u> at jillianivey@gmail.com for information.

<u>Hallelu</u> (Sufi)

Hallelu... Kol han-shema t'halel yah hallelu halleluyah הַלְלוּ . . . כֹּל הַנְּשָׁמָה תְּהַלֵּל יָהּ, הַלְלוּ, הַלְלוּ־יָהּ.

Next Friday, July 2, Welcome Cantor Brad Hyman at the Shabbat Service in our Sanctuary

What a joy to welcome our new permanent Cantor, Brad Hyman, the newest member of our clergy team, as we will come together in-person in our sanctuary!

Visit the Rodeph Shalom website to watch our "Introducing Cantor Bradley Hyman" video and for his biographical information.

Starting on Friday, July 2, there is multi-access to Shabbat worship! Come in person or join us livestream. Find access information on our website.

Friday, *Shabbat* Evening Service June 25, 2021

Led by: Rabbi Jill Maderer, Rabbi Eli Freedman

Shabbat Blessings: Sadie Friedman, daughter of

Virginia & Michael Friedman and sister of Leo

Conversion Blessing: Maurice Dixson

Opening Song: *Shalom Aleichem* (S. Goldfarb)

SHALOM ALEICHEM mal'achei hashareit מַלְאָכֵי הַלָּאָכֵי הַשָּׁרֶת מַלְאָכֵי הַלָּאָכֵי הַלָּאָכֵי הַלָּאָכֵי הַלָּאָכֵי הַלָּאָכֵי הַלָּאָכֵי הַלָּאָכֵי הַלָּאָכֵי הַלָּאָכֵי הַלָּאָכִי הַקּלָאָכֵי הַלָּאָכִי הַלָּאָכִי הַלָּאָכִי הַלָּאָכִי הַקּדוֹשׁ בַּרוּךְ הוּא

PEACE BE WITH YOU, ministering angels, messengers of the Most High, messengers of the Ruler of Rulers, the Holy One, Blessed be God.

Bo'achem l'shalom mal'achei hashalom mal'achei elyon mimelech malchei ham'lachim, ha-kadosh baruch hu בּוֹאֲכֶם לְשָׁלוֹם מַלְאֲכֵי הַשָּׁלוֹם מַלְאֲכֵי עֶלְיוֹן מִמֶּלֶךְ מַלְכֵי הַמָּלַכִים הַקָּדוֹשׁ בַּרוּךְ הוּא

Come in peace, messengers of peace, messengers of the Most High, messengers of the Ruler of Rulers, the Holy One, Blessed be God.

Barechuni l'shalom mal'achei hashalom mal'achei elyon mimelech malchei ham'lachim, ha-kadosh baruch hu בָּרְכוּנִי לְשָׁלוֹם מַלְאָכֵי הַשָּׁלוֹם מַלְאָכֵי עֶלְיוֹן מִמֶּלֶךְ מַלְכֵי המַלכים הקדושׁ בּרוּדְ הוּא

Bless me with peace, messengers of peace, messengers of the Most High, messengers of the Ruler of Rulers, the Holy One, Blessed be God.

Tzeitchem l'shalom mal'achei hashalom mal'achei elyon mimelech malchei ham'lachim, ha-kadosh baruch hu צֵאתְכֶם לְשָׁלוֹם מַלְאֲכֵי הַשָּׁלוֹם מַלְאָכֵי עָלְיוֹן מִמֶּלֶהְ מַלְכֵי הַמְּלָכִים הַקָּדוֹשׁ בָּרוּךְ הוּא

Go in peace, messengers of peace, messengers of the Most High, messengers of the Ruler of Rulers, the Holy One, Blessed be God.

קַבָּלַת פָּנִים

Blessing over the Candles

BARUCH atah Adonai, Eloheinu Melech ha-olam, asher kidshanu b'mitzvotav vitzivanu l'hadlik ner shel Shabbat. בָּרוּך אַתָּה, יְיָ אֱלֹהֵינוּ מֶלֶך הָעוֹלֶם, אַשֶׁר קִדְשָׁנוּ בְּמִצְוֹתָיו, וְצִוָנוּ לְהַדְלִיק נֵר שֶׁל שַבָּת.

BLESSED ARE YOU, *Adonai* our God, Sovereign of the universe, who hallows us with *mitzvot*, commanding us to kindle the light of *Shabbat*.

Blessing for the Children

Yesimcha Elohim k'Ephraim v'chi-Menashe. יְשִׂימְךּ אֱלֹהיִם כְּאֶפְרַיְם וְכִמְנַשֶּׁה Yesimech Elohim k'Sarah Rivka Rachel v'Leah יְשִׂימֵךּ אֱלֹהיִם כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה

Yivarechecha Adonai v'yishmerecha
Ya'er Adonai panav eilecha vichuneka
Yisa Adonai panav eilecha v'yasem lecha shalom

Yiya Yiya Çiri אֵלֶיך וְיָשֵׁם לְךָּ שֶׁלוֹם

May God make you like Sarah, Rebecca, Rachel, Leah, Ephraim and Menashe.

May the Holy One bless you and keep you.

May the Holy One shine light upon you and be gracious to you.

May the Holy One turn towards you and give you peace.

Mourner's Kaddish

YITGADAL v'yitkadash sh'mei raba. *B'alma di-v'ra chirutei*, v'yamlich malchutei, b'chayeichon uvyomeichon uvchayei d'chol beit yisrael, ba'agala uvizman kariv, v'im'ru: Amen. Y'hei sh'mei raba m'varach l'alam ul'almei almaya: Yitbarach v'yishtabach, v'yitpa'ar v'yitromam v'yitnaseh, v'yithadar v'yit'aleh v'yit'halal sh'mei d'kud'sha, b'rich hu, l'eila min-kol-birchata v'shirata. tushb'chata v'nechemata da'amiran b'alma, v'im'ru: Amen. Y'hei shlama raba min-sh'maya v'chayim aleinu v'al-kol-yisrael, v'im'ru: Amen.

יָתגַדַל וִיִתקדַשׁ שָׁמֵה רַבַּא. בָּעַלְמַא דִּי בָרַא כַרְעוּתֵה יַמְלִיךְ מַלְכוּתֵה בַּחַיֵּיכון וּבִיומֵיכון ּוּבְחַיֵּי דְכָל בֵּית יִשרָאֵל, בַּצְגָלָא וּבִזְמַן קָרִיב, וְאִמְרוּ אָמֵן: יָהָא שָׁמֶה רַבַּא מְבַרַדְּ לעַלַם וּלְעַלְמֵי עַלְמַיָּא: יִתְבָּרַדְ וְיִשְׁתַבַּח וִיִתְפָּאַר וְיִתְרומַם וְיִתְנַשׁא וְיִתְהַדַּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵה ַרָּקָדְשַׁא. בַּרִיךְ הוּא. ָלְעַלָּא מָן כַּל בִּרְכָתָא וְשִׁירַתָא, הָשְׁבְּחָתָא וְנֶחֲמָתָא דַּאַמִירַן ַבְעַלְמָא. וְאָמָרוּ: אָמֵן. יָהָא שָׁלַמָא רַבַּא מָן שָׁמַיַא וְחַיִּים עַלֵינוּ וָעַל כַּל יִשרַאֵל, וָאָמָרוּ: אַמֵן. עשה שַלוֹם בַּמִרוֹמֵיו

הוא יַעשה שַׁלום עַלֵינוּ,

ָוְעַל כָּל יִשרָאֵל וְאִמְרוּ: אָמֵן.

Oseh shalom bimromav, hu ya'aseh shalom aleinu, v'al kol-Yisrael, v'imru: Amen.

Exalted and hallowed be God's great name in the world which God created, according to plan.

May God's majesty be revealed in the days of our lifetime

and the life of all Israel — speedily, imminently,

To which we say: Amen.

Blessed be God's great name to all eternity.

Blessed, praised, honored, exalted,

extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort.

To which we say: Amen.

May there be abundant peace from heaven, and life, for us and all Israel.

To which we say: Amen.

May the One who creates harmony on high, bring peace to us and to all Israel.

To which we say: **Amen.**

In Memoriam: June 20 to June 26, 2021

Yahrzeit (anniversary of death)

Isaac Ash Sidney Axelman Joyce Ocella Baker Rebecca Bamberger William Barnet 2nd Harry Baum Allan Becker Ruth Hartman Blaker Bernice Goodman Blum Manuel Clyman Marie Abramson Cohan Shirley L. Cohen Mary Cowitz Jeanette Cummings Esther L. Dewolf Svlvan H. Eisman Anna Bloom Finston Svlvia Fleishman Abraham Freezman Kenneth Allen Gerber Samuel L. Gerstley Daniel Goldberg Michael Goldenberg Lillian Lande Goldstein Jerome Golomb Dr. Samuel H. Gould Samuel Gross Jon Gutman Rita Jean Henshell

J. Sydney Hoffman Simon Holin Leon Holt Joan G. Kaplan Helen Goldsmith Katz

Helen Goldsmith Katzenberg
Julia Kessler
Mary Sanet Kessler
Charlotte Kimelman
Clarence A. Kohn
Amelia Kolb
Ruth Kurz
Reba Lefco
Muriel Klein Lens

Sylvia Lerner
Leah Katz Leve
John Siegfried Levi
Maxwell S. Levy
Robert L. Levy
Carol Lifsey
Patti Lipschutz

Ruth P. Loew
Addie Lowenstein
Caroline Lowenstein
Thomas E. Madorno
Sally Pomerantz Martin

Ruth Matuson Natalio Meilijzon Alfred Monroe Florence Moss L. Roy Newman Julia Kohlberg Nusbaum

Joan Liebman Phillips Lenora Poul

Betty Schlein Rechtman

Rosalyn Reisley Lulu Schwartz Rosenbluth

Jane Rosengard Daniel Rubin Jonathan Sall

Nathan J. Schneider Anthony Silber

Benjamin L. Singer, Jr. Patricia Adler Slavin

Sally Smith J. Morton Sork Abraham Stein Meyer Stern Sarah Stern

Esther Heyman Sternberg

Edward Title
Freda J. Weil
Frances Weintraub
Albert N. Weiss

Rebecca Michael Weyl

Rose Wolf Irving J. Wolman Roslyn Stone Wolman

Shloshim (30 days of mourning)

May the source of peace send peace to all who mourn and comfort to all who are bereaved

Bernard Clyman Brenda Magaziner Flock Paulette Bernay Goldweber Mara Lipschutz Andy Stern Kenneth Syken Cantor David Wisnia

Blessing over the Wine or Grape Juice (Kiddush)

BARUCH atah Adonai, Eloheinu melech ha-olam, borei p'ri hagafen. בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַנָּפֶן.

BLESSED ARE YOU, *Adonai* our God, Sovereign of the universe, creator of the fruit of the vine.

Baruch atah Adonai, Eloheinu melech ha-olam, asher kid'shanu b'mitzvotav v'ratza vanu, v'shabbat kod'sho b'ahava uv'ratzon hinchilanu, zikaron l'ma'aseh v'reishit. Ki hu yom t'chila l'mikra-ei kodesh, zaycher l'tziat mitzrayim. Ki vanu vacharta v'otanu kidashta mikol ha'amim. V'shabbat kod-shi-cha b'ahava uv'ratzon hinchal tanu. Baruch atah Adonai, mi'kadesh ha Shabbat.

בָּרוּך אַתָּה יִיָ אֱלֹהֵינוּ מֶלֶךְ הָעולֶם, אֲשֶׁר קִּדְּשָׁנוּ בְּמִצְוֹתִיו וְרָצָה בָנוּ. וְשַׁבַּת קָדְשׁוֹ בְּאַהָבָה וּבְרָצוֹן הְנְחִילָנוּ זִּכָּרוֹן לְמַעֲשֵׁה בְרֵאשִׁית. כִּי הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קְדָשׁ זֵכֶר לִיצִיאַת מִצְרָיִם. כִּי בָנוּ בָחַרְתָּ וְאוֹתְנוּ קִצְּיִשְׁתָ מִכָּל הָעַמִּים. וְשַׁבַּת קָדְשְׁךְ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָנוּ. בָּרוּךְ אַתָּה יִיֵ מְקַדְּשׁ הַשַּׁבַּת.

Blessed are you, *A donai* our God, Sovereign of the universe, who finding favor with us, sanctified us with *mitzvot*.

In love and favor, You made the holy *Shabbat* our heritage as a reminder of the work of Creation. As first among our sacred days, it recalls the Exodus from Egypt. You chose us and set us apart from the peoples.

In love and favor You have given us Your holy *Shabbat* as an inheritance. Blessed are you, *A donai*, who sanctifies *Shabbat*.

Blessing over the Challah (HaMotzi)

BARUCH atah Adonai, Eloheinu melech ha-olam, haMotzi lechem min haaretz.

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמּוֹצִיא לֵחֵם מִן הַאַרִץ.

5

BLESSED ARE YOU, *Adonai* our God, Sovereign of the universe, who brings forth bread from the earth.

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קבַלַת שַׁבַת

KABBALAT SHABBAT—WELCOMING SHABBAT

Rom'mu (C. Taubman)

ROM'MU Adonai Eloheinu

רֹוֹמְמוּ יְיָ אֱלֹהֵינוּ

v'hishtachavu l'har kodsho

וָהִשְׁתַּחַוּוּ לְהֵר קָדְשׁוֹ

Exalt A donai our God, and bow toward God's holy hill, for A donai our God is holy.

L'cha Dodi (C. Taubman)

L'CHA DODI likrat kalah, p'nei Shabbat n'kab'lah.

לְּכָה דוֹדִי לִקְרַאת כַּלָּה, פָּנִי שֵׁבַּת נָקַבְּלַה.

BELOVED, COME to meet the bride; beloved come to greet Shabbat.

Shamor v'zachor b'dibur echad, hishmianu El ham'yuchad, Adonai echad ush'mo echad, l'shem ul'tiferet v'lit'hilah. שָׁמוֹר וְזָכוֹר בְּדִבּוּר אֶחָד, הִשְּמִיעָנוּ אֵל הַמְיֵחָד, יִיָ אֶחָד וּשְׁמוֹ אֶחָד, לְשֵׁם וּלְתִּבְּאֶרֶת וְלִתְהִלָּה.

"Keep" and "remember": a single command the Only God caused us to hear the Eternal is One, God's Name is One; glory and praise are God's.

Likrat Shabbat l'chu v'neilcha, ki hi m'kor hab'rachah, meirosh mikedem n'suchah, sof maaseh b'machashava t'chilah. לָקְרַאת שַׁבָּת לְכוּ וְנֵלְכָה, כִּי הִיא מְקוֹר הַבְּרָכָה, מֵרֹאשׁ מָקֶדֶם נְסוּכָה, סוֹף מַעֲשֶׂה בְּמַחֲשָׁבָה תְּחָלָה.

Come with me to meet *Shabbat*, forever a fountain of blessing. Still it flows, as from the start; the last of days, for which the first was made.

Hitor'ri, hitor'ri, ki va oreich, kumi ori, uri uri shir dabeiri, k'vod Adonai alayich niglah. הָתְעוֹרְרִי הָתְעוֹרְרִי, כִּי בָא אוֹרֵדְ קְוּמִי אְוֹרִי, עִוּרִי עִוּרִי שִׁיר דַּבֵּרִי, כְּבוֹד יְיָ עַלַיִדְ נִגְלָה.

Awake, awake, your light has come! Arise, shine, awake and sing: the Eternal's glory dawns upon you

Bo-i v'shalom ateret ba'lah, gam b'simchah uv'tzoholah, toch emunei am s'gulah, bo-i chalah, bo-i chalah. בְּוֹאִי בְשָׁלוֹם עֲטֶרֶת בַּעְלָה, גַּם בְּשִׂמְחָה וּבְצָהֲלָה, תּוֹך אֱמוּנֵי עַם סְגַלָּה, בְּוֹאִי כַלָּה, בְּוֹאִי כַלָּה.

Enter in peace, O crown of your husband; enter in gladness, enter in joy. Come to the people that keeps its faith. Enter, O bride! Enter, O bride!

Grant Us Peace

GRANT US PEACE, Your most precious gift, O Eternal Source of peace. And give us the will to proclaim its message to all the peoples of the earth. Bless our country as a safeguard of peace, its advocate among the nations. May contentment reign within our homes, health and happiness without our homes. strengthen the bonds of friendship and fellowship among all the inhabitants of every land.

Plant virtue in every soul, & may the love of Your Name hallow every home & every heart.

Praised are You, Eternal One, who blesses our people with peace.

Oseh Shalom

OSEH SHALOM bimromav,

עוֹשֶׂה שָׁלוֹם בַּמְרוֹמָיו,

hu ya'aseh shalom aleinu,

הוא יַעֲשֶׂה שַׁלוֹם עַלֵינוּ,

MAY THE ONE WHO CREATES PEACE on high, bring peace to us and to all Israel.

And we say: Amen.

G'vurot

ATAH GIBOR l'olam, Adonai, m'chayeih hakol atah, rav l'hoshia.

SUMMER — Morid Hatal

M'chalkeil chayim b'chesed, m'chayeih hakol b'rachamim rabim, someich noflim, v'rofei cholim, umatir asurim, um'kayeim emunato lisheinei afar. Mi chamocha baal g'vurot umi domeh lach, melech meimit um'chayeh umatzmiach y'shuah.

V'ne-eman atah l'hachayot hakol, Baruch atah, Adonai, m'chayeih hakol. אַתָּה גָּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֵּה הַכּּל אֲתָה, רַב לְהוֹשִׁיעַ. בער אוריד הטל Summer — מוריד הטל

מְכַלְכֵּל חַיִּים בְּחָסֶד, מְחַיֵּה הַכּּל בְּרַחֲמִים רַבִּים, סוֹמֵך נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמִקִיָּם אֵמוּנַתוֹ לִישֵׁנִי עַפַּר.

ּלְבוּרוֹת וּמִי דְּוֹמֶה מִי כָמְוֹךְ בַּעַל גְּבוּרוֹת וּמִי דְּוֹמֶה לֶךְ, מֶלֶךְ מֵמִית

וֹמְחַיֶּה וֹמַצְמִיחַ יְשׁוּעָה.

וְנֶאֱמֶן אַתָּה לְהַחֲיוֹת הַכּּלֹ. בַּרוּךְ אַתָּה יִיָ, מְחַיֵּה הַכּּלֹ.

YOU ARE FOREVER MIGHTY, Adonai; You give life to all.

You sustain life through love, giving life to all through great compassion, supporting the fallen, healing the sick, freeing the captive, keeping faith with those who sleep in the dust. Who is like You, Source of mighty acts?

Atah Kadosh

ATAH KADOSH v'shimcha kadosh

uk'doshim b'chol yom y'hal'lucha, selah. Baruch atah Adonai. Ha-El hakadosh. אַתָּה קְדוֹשׁ וְשִׁמְךּ קְדוֹשׁ וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְלוּךְ פֶּלָה. בָּרוּךְ אַתָּה יִיָ, הָאֵל הַקַּדוֹשׁ.

YOU ARE HOLY, Your Name is holy, and those who are holy praise You every day. Blessed are You, *A donai*, the Holy God.

עַרְבִית לְשַׁבָּת ARVIT L'SHABBAT

Barchu (N. Aronson)

BAR'CHU et Adonai ham'vorach!
Baruch Adonai ham'vorach l'olam va-ed!

בָּרְכוּ אֶת יְיָ הַמְבֹרָךְ. בָּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלֵם וַעֵּד.

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PRAISE *ADONAI* to whom praise is due forever!
Praised be *A donai* to whom praise is due, now and forever!

Sh'ma (Sulzer/Nusach)

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד

Sh'ma yisrael, adonai eloheinu, adonai echad!

Hear O Israel, the Eternal is our God, the Eternal is One! ברוּך שׁם כָּבוֹד מֹלְכוּתוֹ לְעוֹלֶם וַעֵּד

Baruch shem kavod malchuto l'olam va-ed.

Blessed is the name of God's glorious kingdom forever and ever.

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V'Ahavta

V'AHAVTA et Adonai Elochecha, b'chol l'vav'cha uv'chol nafsh'cha uv'chol m'odecha. V'hayu had'varim ha-eileh asher anochi m'tzav'cha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam, b'shivt'cha b'veitecha, uv'lecht'cha vaderech uv'shochb'cha uv'kumecha. Uk'shartam l'ot al yadecha v'hayu l'totafot bein einecha. Uch'tavtam al m'zuzot beitecha uvisharecha.

וְאָהַרְתָּ אֵת יְיָ אֵלהֶיךּ, בְּכָל לְבָרָדּ,
וּבְכָל נַפְשִׁדְּ, וּבְכָל מְאֹדֶדְ. וְהָיוּ
הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אָנִכִי מְצַוְּדְּ
הַיּוֹם, עַל לְבָבֶדְ. וְשִׁנַּוְתָּם לְבָגִידְּ,
וְדְבַּרְתָּ בָּם, בְּשִׁרְתָּדְ בְּבֵיתֶדְּ,
וּבְלֶכְתִּדְ בַדֶּרֶדְ, וּבְשֶׁרְבָּדְ,
וּבְלֶכְתִּדְ בַדָּרֶדְ, וּבְשֶׁרְבָּדְ,
וּבְקוּמֶדְ. וּלְשֵׁרְתָּם לְאוֹת עַל יֻדְדְ, וְהִיוּ
לְטֹטָפֹת בֵּין עֵינֶיְדְ. וּכְתַבְתָּם עַל
מְזוֹוֹת בֵּיתֵדְ וּבִשְׁעַרִידְ.

L'maan tizk'ru, vaasitem et kol mitzvotai vih'yitem k'doshim l'Eloheichem. Ani Adonai Eloheichem, asher hotzeiti et-chem mei-eretz Mitzrayim lih'yot lachem l'Elohim, ani Adonai Eloheichem. לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתָם אֶת כָּל מִצְוֹתִי, וְהְיִיתֶם קְדֹשִׁים לֵאלֹהֵיכֶם. אֲנִי יְיָ אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרִים, לִהְיוֹת לָכֶם לֵאלֹהִים, אַנִי יִי אַלֹהֵיכֶם.

YOU SHALL LOVE Adonai your God with all your heart, with all your soul, and with all your might. Take to heart these instructions with which I charge you this day. Impress them upon your children. Recite them when you stay at home and when you are away, when you lie down and when you get up. Bind them as a sign on your hand and let them serve as a symbol on your forehead, inscribe them on the doorposts of your house and on your gates. Thus you shall remember to observe all My commandments and to be holy to your God.

I am A donai, your God, who brought you out of the land of Egypt to be your God:

Mi Chamocha (D. Friedman)

Mi Chamochah ba-Eylim, Adonai! Mi kamochah nedar bakodesh, nora t'hilot, oseh fele! Malchut'cha ra-u vanecha, bokei-a yam lifnei Moshe uMiryam. Zeh Eli, anu v'amru, Adonai yimloch l'olam va-ed! לֵי-כָמְּכָה בָּאֵלִם יְיָ, מִי כָּמְכָה נָאְדָּר בַּקְּדָשׁ, נוֹרָא תְהִלֹּת, עְשֵׁה פֶּלֶא. מַלְכוּתְךְּ רָאוּ בָנָיְךְּ, בּוֹקְעַ יָם לִפְנֵי משֶׁה ומִרְיָם, זָה אֵלִי עָנוּ וְאָמְרוּ: יִי יִמְלוֹךְ לִעוֹלַם וַעֲד. Mi Shebeirach (D. Friedman)

Mi shebeirach avoteinu M'kor hab'racha l'imoteinu

May the source of strength, Who blessed the ones before us, Help us find the courage to make our lives a blessing, and let us say, *Amen*. Mi shebeirach imoteinu M'kor habrachah l'avoteinu

Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body,
the renewal of spirit,
and let us say, *A men*.

ּתִפִּלָּה

Adonai S'fatai Tiftach (N. Aronson)

ADONAI, s'fatai tiftach, ufi yagid t'hilatecha.

אָדֹנָי שְׂפָתֵי תִּפְתָּח, וֹפִי יגִיד תִּהלַתֵּךְ.

ADONAI, open up my lips, that my mouth may declare Your praise.

For silent A midah, we turn to the following blessings or to the prayers of our own heart.

Avot V'imahot

BARUCH ATAH, Adonai Eloheinu v'Elohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak v'Elohei Yaakov, Elohei Sarah, Elohei Rivkah, Elohi Rachel v'Elohei Leah. Ha-El hagadol hagibor v'hanora, El elyon, gomeil chasadim tovim, v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah livnei v'neihem l'maan sh'mo b'ahavah.

Melech ozeir umoshia umagen. Baruch atah, Adonai, magein Avraham v'ezrat Sarah. בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ
וַאלֹהֵי אֲבוֹתִינוּ וְאָמּוֹתֵינוּ, אֱלֹהֵי
אַבְרָהָם, אֱלֹהֵי יִצְחָק, וַאלֹהֵי יַצְקֹב,
אֱלֹהֵי שָּׂרָה, אֱלֹהֵי רִבְּקָה, אֱלֹהֵי
רָחֵל וְאֱלֹהֵי לֵאָה. הָאֵל הַגָּדוֹל
חַסִדִים טוֹבִים, וְקֹנֵה הַכּּלֹ, וְזוֹכֵר
חַסְדֵי אָבוֹת וְאִמָּהוֹת, וּמֵבִיא גְּאֻלָּה
לַבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהָּבָה.
מֵלֵךְ עוֹזֵר וּמוֹשִׁיעַ וּמַגַן.

שֶׁנֶּף כּוֹנֵי יבּה הְיָּי, בָּרוּךְ אַתָּה יְיָ, מָגֵן אַבְרָהָם וְעָזְרַת שָׂרָה.

BLESSED ARE YOU, *Adonai* our God, God of our fathers and mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah, the great, mighty and awesome God, transcendent God who bestows loving kindness, creates everything out of love, remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name.

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